

TRACEN Petaluma Haley Hall Dining Facility

3	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
---	------------------	----------	--------------	----------	---------------	----------

M O N D A Y	FRESH FRUIT	VARIABLES	CALDO GALLEGO	210	POLLO AL LIMONE	300
	CREAM OF WHEAT	110	LAMB TAGINE	400	PARMESAN FINGERLING POTATOES	190
	ASST. TOPPINGS	VARIABLES	SEARED CHICKEN BREAST	220	TORTELLINI W/ PESTO SAUCE	145
	EGGS & OMELETS TO ORDER	VARIABLES	W/ TARRAGON CREAM SAUCE		STUFFED PORTOBELLA MUSHROOMS	60
	BOILED EGGS	78	ROASTED RED POTATOES	120	WINTER ROOT VEGETABLES	80
	CHICKEN APPLE / PORK SAUSAGE LINKS	180	BASMATI RICE	235	FRENCH BREAD	80
	HASH BROWNS	151	BROCCOLINI W/ LEMON CRUMBS	68		
	WHOLE WHEAT PANCAKES	210	BRAISED BRUSSEL SPROUTS	80		
	FRESH CORNED BEEF HASH	320	NAAN BREAD	95		
			PLATED ALTERNATIVE			
			MOROCCAN VEGETABLE TAGINE W/ BASMATI RICE			
T U E S D A Y	FRESH FRUIT	VARIABLES	AJIACO SOUP	203	HOMESTYLE MEATLOAF	350
	OATMEAL	158	CUBAN MOJO PORK	210	GARLIC MASHED POTATOES	250
	ASST. TOPPINGS	VARIABLES	MOJO CHICKEN	220	BROWN GRAVY	75
	EGGS & OMELETS TO ORDER	VARIABLES	ARROZ AMARILLO	133	CREAMY MAC & CHEESE	325
	BOILED EGGS	78	CILANTRO LIME BLACK BEANS	305	CORN ON THE COBB	63
	BACON / SAUSAGE PATTIES	92/180	GRILLED ZUCCHINI	40	ROASTED ASPARAGUS	98
	VEGETARIAN SAUSAGE	180	HONEY GLAZED CARROTS	101	DINNER ROLLS	80
	SHREDDED HASH BROWNS	151	PLATANO FRITO	150		
	FRENCH TOAST W/ BUTTER & SYRUP	210				
	BISCUITS & SAUSAGE GRAVY	386	PLATED ALTERNATIVE			
			CUBAN SANDWICHES W/ YUCCA FRIES	670		
W E D N E S D A Y	FRESH FRUIT	VARIABLES	ITALIAN WEDDING SOUP	185	CRANBERRY GLAZED PORKLOIN	280
	HOT GRITS	142	MAPLE MUSTARD CHICKEN	493	CRANBERRY GLAZED CHICKEN	168
	ASST. TOPPINGS	VARIABLES	BRAISED BEEF SHORT RIBS	190	SAVORY STUFFING	200
	EGGS & OMELETS TO ORDER	VARIABLES	BAKED POTATO BAR	165	ROASTED PEBBLE POTATOES	120
	BOILED EGGS	78	CREAMY POLENTA	298	STEAMED BROCCOLINI	90
	TURKEY / MAPLE PORK SAUSAGE LINKS	180	ROASTED PARMESAN CAULIFLOWER	155	ROASTED BUTTERNUT SQUASH	80
	HASH BROWNS	110	SAUTEED GREEN BEANS	35	HOT DINNER ROLLS	80
	WAFFLES W/ BUTTER & SYRUP	210	BREADSTICKS	87		
	SPINACH QUICHE	355	PLATED ALTERNATIVE			
				SEARED SCALLOPS W/ POTATO COINS	375	
T H U R S D A Y	FRESH FRUIT	VARIABLES	MISO SOUP	280	BATTERED FRIED FISH	395
	CREAM OF WHEAT	110	BEEF TEPPANYAKI	367	LEMON PEPPER CHICKEN	160
	ASST. TOPPINGS	VARIABLES	JAPANESE YAKITORI CHICKEN	300	SPICY RED BEANS	180
	EGGS & OMELETS TO ORDER	VARIABLES	STEAMED CALROSE RICE	165	WHITE RICE	160
	BOILED EGGS	78	YAKISOBA (STIR FRY NOODLES)	170	SIMMERED COLLARD GREENS	90
	BACON / HOT SAUSAGE LINKS	92/180	SAUTEED SNOW PEAS	80	CAJUN MUSHROOMS	80
	VEGETARIAN SAUSAGE	180	MISO GLAZED ROOT VEGETABLES	47	CHEDDAR DROP BISCUITS	110
	GOLDEN HASH BROWN PATTIES	151				
	BUTTERMILK PANCAKES	210	PLATED ALTERNATIVE			
	BREAKFAST SANDWICHES	340		TEMPURA SHRIMP W/ JAPANESE VEGAN CURRY (CRISPY TOFU ALT.)	212	
F R I D A Y	FRESH FRUIT	VARIABLES	CAJUN SHRIMP SOUP	410	HONEY GARLIC CHICKEN	236
	OATMEAL	158	CATCH OF THE DAY	VARIABLES	HONEY GARLIC PORK CHOPS	180
	ASST. TOPPINGS	VARIABLES	NEW YORK STRIP STEAKS	704	SCALLOPED POTATOES	160
	EGGS & OMELETS TO ORDER	VARIABLES	TWICE BAKED POTATOES	440	GARLIC & HERB PASTA	78
	BOILED EGGS	78	RISOTTO W/ SUN DRIED TOMATOES	201	ROASTED TOSCANA VEGETABLES	80
	CHICKEN APPLE / PORK SAUSAGE PATTIES	180	SAUTEED YELLOW SQUASH	100	MALIBU BLEND VEGGIES	87
	HASH BROWNS	151	ROASTED ASPARAGUS	70	HAWAIIAN ROLLS	225
	FRENCH TOAST W/ BUTTER & SYRUP	210	POPCORN SHRIMP & FISH BITES	VARIABLES		
	BREAKFAST BURRITOS	320				
S A T U R D A Y	FRESH FRUIT	VARIABLES	TURKEY BURGERS	365	TANDOORI CHICKEN	300
	HOT GRITS	142	BEEF HOT DOGS	579	BASMATI RICE	190
	ASST. TOPPINGS	VARIABLES	CHILI CON CARNE	310	ROASTED GREEN & RED BELL PEPPERS	145
	EGGS & OMELETS TO ORDER	VARIABLES	FRENCH FRIES	150	GRILLED GRAFFITI EGGPLANT	60
	BOILED EGGS	78	POTATO SALAD	275	GARLIC NAAN	80
	BACON / MAPLE PORK SAUSAGE LINKS	92/180	STEAMED BROCCOLI	110		
	VEGAN SAUSAGE	180	TOPPINGS BAR	VARIABLES		
	HASH BROWNS	151				
	BUTTERMILK PANCAKES	210				
	BISCUITS & SAUSAGE GRAVY	386				
S U N D A Y	FRESH FRUIT	VARIABLES	EGGS & OMELETS TO ORDER	VARIABLES	CRUSTED BEEF TENDERLOIN	350
	CREAM OF WHEAT	110	CORNED BEEF HASH / SAUSAGE	320/180	RED WINE AU JUS	75
	ASST. TOPPINGS	VARIABLES	WAFFLES W/ BUTTER & SYRUP	210	LONG GRAIN WILD RICE	180
	EGGS & OMELETS TO ORDER	VARIABLES	GRILLED CHICKEN STREET TACOS	210	ROASTED SWEET POTATO WEDGES	63
	BOILED EGGS	78	CHARRO BEANS	150	STEAMED LIMA BEANS	98
	TURKEY / PORK SAUSAGE LINKS	180	ELOTE CORN	177	STEAMED GREEN BEANS	87
	GOLDEN HASH BROWNS PATTIES	151	TOPPINGS BAR	VARIABLES	FRENCH BREAD	80
	WAFFLES W/ BUTTER & SYRUP	210				

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By:	Reviewed By:	Approved By:
CSC E. S. Sanchez Dining Facility Supervisor	CSCS N. E. Mogan Food Service Officer	Captain J. D. Burch Commanding Officer